

*Presents*

# CHARLESTON Health & Wellness EXPO

**JANUARY 9 & 10, 2017  
GAILLARD CENTER**



**FREE!  
ADMISSION**

## PROGRAMS AND EVENTS INCLUDE

### HEALTH SCREENINGS

Blood Pressure & Stroke  
BMI & Glucose  
Digestive/Gastro/Bariatric  
Sleep & Anxiety  
Cancer  
Colonoscopies & Crohn's Disease  
Incontinence & Esophageal  
Bone Density  
Hearing

### BODY AND MIND

InBody Testing  
Fitness Testing

### COOKING LESSONS AND DIETING

Demos

### RELAX WITH A MASSAGE

### ORAL HEALTH FOR ALL AGES

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[www.charlestonphysicians.com/expo](http://www.charlestonphysicians.com/expo)